



Community Lutheran Church

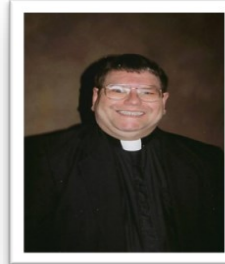
Jesus said,
"Whoever believes in me,
streams of living water
will flow from with-



2275 Ricca Rd, Bullhead City, AZ 86442; 928-763-2422
communitylutheranchurch@gmail.com clcbhc.com



Pastor Tim Eighmy



OFFICE HOURS:
Tues.– Fri., 9 am to 1 pm;

SUNDAY WORSHIP:

*Sunday, 9 & 11 am
Last Sunday of every
month: 10:00 am

*10:00 am only during
summer months starting
May 5th Thru Oct 27th

Mission Statement of Community Lutheran Church:
Living Christ's love in all we do.

A MESSAGE FROM PASTOR TIM

"The God of Transitions and Transformations"

It is already August. And even though, I am still thinking about when I will go on vacation, school is already starting and summer feels like it is coming to a close. And yet we still have a couple of months of hot days yet to go. August is a time of transitions.

People move to new jobs in August. The tourist season is waning to its end. College students are leaving home for school. Plans are being made for the last summer adventure and for us to buckle down in our work.

Of course, God is a part of our transitions. God transforms death into life through Christ Jesus. God transforms suffering into peace, as well as our doubts into faith and hope. The God, who has no beginning or end, is still loving and guiding us through our endings and new beginnings.

We live in the promise of God's hope. And may your August and end of summer be filled with hope.

In Christ's peace,

Pastor Tim

I'm going to paraphrase remarks from one of my favorite comedians, Jim Gaffagan. You know when the baby cries in the middle of the night and you get up to change the diaper? And you don't want to get up, but you do. The diaper gets changed, the sleeper gets buttoned up and just as you lay the baby back in the crib you hear the diaper fill up again. That is what summer in Bullhead City is like.

Cooler weather is ahead soon. I keep telling myself that. Meanwhile, back at the Church, all is moving along normally for this time of year. If you haven't yet noticed, we now have baby changing stations in each of the bathrooms. Just incase any of us want to have another baby, or we bring a grandchild to church.

Stay cool and keep hydrated, see you in church.



Food Pantry desperately Items Needed

Anything you can donate will be appreciated, especially cereal , peanut butter, tuna and bottles of water. Please insure that the items have not passed their expiration date. We are not allowed to give out expired food.

As always, please place the items in the food pantry room not in the red wagon.

Food For Thought

In his beautiful book, "I Shall Not Want,": Robert Ketchum tells of a Sunday School teacher who asked her group of children if anyone could quote the entire 23rd Psalm. A golden-haired, four-and-a-half-year-old girl was among those who raised their hands."

A bit skeptical, the teacher asked if she could really quote the entire psalm.

The little girl came to the front of the room, faced the class, made a perky little bow, and said, "The Lord is my shepherd, that's all I want."

She bowed again and sat down.

That may well be the greatest interpretation of the 23rd Psalm ever heard.

The SAD news about nutrition

U.S. medical data present a real paradox: Though we spend more on health care than any other developed country, we are very unhealthy – including shorter life expectancy, the highest obesity rate, and high incidence of diabetes, heart disease and hypertension.

The reasons are complex, but many experts point to the unhealthy “Standard American Diet.” With lots of processed foods, saturated fats and refined carbohydrates, the SAD causes more deaths per year than smoking, and half of all heart-disease related deaths.

In other words, the food we eat is killing us. The culprits are the fried foods, the French fries, hamburgers, chips, donuts, prepackaged entrees, breakfast cereals, sugary soft drinks, pizza, candy, meat consumption and freezer-case meals.

The cure for SAD is simple: Eat less of the bad stuff and more fresh vegetables and fruit. When God put Adam and Eve in the Garden of Eden, they were given all sorts of fruits and veggies to eat (Genesis 1:29). So, as you eat more veggies, you can think of it as the Garden of Eden Diet.

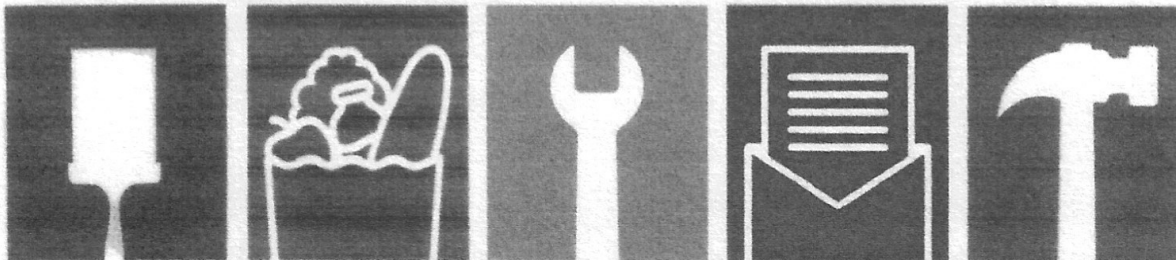
August is the ideal time to load up on veggies. The summer harvest brings all the delightfully nutritious foods to your local farm market and grocery store. How healthy is your diet? To learn more, search online for “standard American Diet” and see what the experts have to say.

--Robert Blezard

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God's work. Our hands.



September 8, 2024

Our congregation will soon engage in service work right here in our community. We are one of over 8,700 congregations participating in "God's work. Our hands." on Sept. 8. Across the country, thousands of members will work to make a positive change in our communities, build and deepen relationships and share God's love. Join us as we do God's work with our hands! Contact us for more information:

It is time to be thinking about the ELCA fall service project "God's Work Our Hands".

We will, again, be collecting items for Lutheran World Relief's Personal Care Kits.

We will begin collecting these items August 1st. There will be a box in the narthex for your donations.

On Sunday September 8th right after church we will put these kits together. There will be a light lunch served that day.

The list of items needed are:

- Bath towels between 20" X 40" and 52" X 27", dark colors are recommended
- 2 or 3 bath-sized bars of soap equaling 8-9 oz. in original wrapping.
- One adult size toothbrush in original packaging.
- One sturdy comb. Remove packaging.
- One metal nail clipper, attached file optional, remove packaging.



God created man before woman because he didn't want advice on how to do it. (I'm not so sure I agree with this statement!!)



How did Methuselah live for 969 years on earth without internet or electricity? What exactly was he doing?



A young child asked, why do we answer "Amen" instead of "Awomen", and the pastor replied, is is the same reason we sing "hymns" instead "hers".

One beautiful Sunday morning, a reverend said to his congregation; we will be changing the style of service, but all will depend on you. A \$100 sermon will last for 5 minutes, a \$50 sermon will last for 15 minutes, and a \$20 sermon will last for an hour. Now let's take the offering and see which one I will deliver.



Have you ever wondered what we have that Adam never had? Ancestors!



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CHURCH CHOIR Notes



The Choir is off for the summer. At this time we are without a choir director for at least another year when Shawn may be available again. So, if you know someone who might be interested in being our director, let pastor or someone on the council know.

New Church Service Hours for Summer

The summer hours for church services is one service at 10:00 am. Be sure to make a note of this.



August

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 am bible study	2	3
4 10:00 am Worship Service w/communion	5 Office closed	6	7	8 9:00 am bible study 6:00 pm Council meeting	9 9:30 Worship Committee	10
11 10:00 am Worship Service w/communion	12 Office closed	13	14	15 9:00 am bible study	16	17
18 10:00 am Worship Service w/communion	19 Office closed	20	21 Barons	22 9:00 am bible study	23	24
25 10:00 am Worship Service w/communion <i>Noisy offering</i>	26 Office closed	27	28	29 9:00 am bible study	30	31

September

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 am worship with communion	2 Office Closed <i>Labor Day</i>	3	4	5 9:00 am bible study	6	7
8 10:00 am worship with communion God's Work Our Hands	9 Office Closed	10 9:30 am Women's bible study	11	12 9:00 am bible study 6:00 pm council mtg	13	14
15 10:00 am worship with communion	16 Office Closed	17	18	19 9:00 am bible study	20	21
22 10:00 am worship with communion <i>Noisy offering</i>	23 Office Closed	24	25	26 9:00 am bible study	27	28
29 10:00 am worship with communion	30 Office Closed					

Birthdays & Anniversaries



August Birthdays

- 2-Charles Sorby
- 5-Reva Sparks
- 8-Karen Miller
- 13-John Casson
- 15-Linda Crawford
- 16-Debbie Olson
- 17-Geline Ostgaard
- 17-Gail Shaver
- 17-Chuck Wickersham
- 19-Susan Brusby
- 19-Janelle Redmann
- 23-Jean Oman
- 26-Pastor Tim Eighmy
- 28-Gayle Moser
- 28-Dawn Redmann
- 29-Sharon Fulton



August Anniversaries

- 3-Chad & Tori Lelm (11)
- 4-Doug & Vicky Dyr Dahl (47)

Mark your Calendars!

Next Women's Bible Study:

September 10th 9:30 am

Choir

No Choir Practice until further notice.

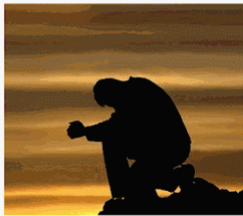
Pastor's Bible Study

Thursdays at 9:00 am

Worship Committee

Friday, August 9 am at 9:30 am

Prayer Corner



PRAYER REQUESTS

We are here to pray for you!



Please continue to pray for all the persons whose names have been offered up by members and friends of the congregation.

We pray for healing, comfort, guidance, strength, recovery, safe travel, and unrevealed needs, as well as for those with thankful hearts and for those who grieve.

Let us remember the ones God called home out of our midst, and keep their families and friends in our prayers.



If you know someone who would like to be included in the ongoing monthly prayer list, be it for prayer or thanksgiving, please let the office know!



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